



THE
Lake
AT BARSTON
BAR & RESTAURANT

MAIN MENU

Starters

HOMEMADE SOUP OF THE DAY (gf) Served with a Bread Roll (v)	£6.50
ROSE OF GALIA MELON With Fruit Sorbet (ve), (gf)	£6.50
PRAWN COCKTAIL Served on mixed Salad leaves with Marie Rose Sauce (gf)	£7.95
TOMATO & MOZZARELLA SALAD Served with a nut free Pesto & Balsamic Glaze (v), (gf)	£7.95
CALAMARI Crispy deep fried Calamari rings served with Salad garnish & Garlic Mayo	£7.95
GARLIC MUSHROOMS Creamy Garlic Mushrooms (gf) served with toasted Ciabatta (v)	£6.95
TANDOORI CHICKEN SKEWER Served with Salad & Raita dip (gf)	£7.95

Sandwiches & Light Bites

LARGE SAUSAGE OR BACON ROLL	£7.50
COLD SANDWICHES All served with your choice of filling on white or brown bread with Salad garnish & Crisps	
Ham & Tomato	£6.50
Tuna Mayo & Cucumber	
Cheese & Red Onion Chutney	
Egg Mayo	
Chicken Mayo	£7.50
Prawn & Marie Rose Sauce	
Add Chips to your Sandwich	£3.95
TOASTED CLUB SANDWICH With Chicken, Bacon, Lettuce, Tomato and Egg Mayo Served with Fries	£11.95
HOT WRAPS Guacamole, Lettuce, Sweet Chilli Sauce and Cheese plus your choice of filling, all served with Fries. Choose from: Cajun Chicken or Cajun Beef Cajun Mushroom (vg) Fish Finger with Lettuce & Tartare Sauce	£11.95
NACHOS Served with Cheese Sauce, Cheese, Guacamole, Sour Cream, Jalapenos & Salsa (gf) (v)	£6.50
CHILLI NACHOS Topped with Beef Chilli, served with Cheese Sauce, Cheese, Guacamole, Sour Cream & Jalapenos	£9.50
DIRTY FRIES Chips topped with Chilli Con Carne, melted Cheese & Jalapenos (gf)	£8.50
HAM & CHEESE TOASTIE Ham with melted Cheese in a Ciabatta roll served with Fries and BBQ dipping sauce	£11.95
BRIE & RED ONION CHUTNEY TOASTIE Melted Brie with Red Onion Chutney in a Ciabatta roll served with Fries (v)	£9.95



Fish Dishes

JUMBO FISH & CHIPS Battered Fish with Chips, Mushy Peas or Garden Peas and Tartare sauce	£16.95
PAN SEARED SALMON With crushed New Potatoes, Tenderstem Broccolic & Hollandaise Sauce	£18.95
SCAMPI & CHIPS Breaded Scampi (9 pieces) with Chips, Mushy Peas or Garden Peas and Tartare sauce	£14.95
SEAFOOD PENNE Penne pasta with Prawns, Haddock & Salmon in a Creamy Sauce	£15.95

Salads

CEASAR SALAD Romaine Lettuce, Parmesan Shavings, Croutons & Classic Ceasar Dressing (gf)	£7.95
Add on	
Grilled Chicken Breast (gf)	£6.50
Pan Seared Salmon Fillet (gf)	£7.50
Field Mushroom (gf), (ve)	£3.50
Tomato & Mozzarella (gf)	£3.95
SUPERFOOD SALAD Mixed leaves, Avocado, Tenderstem Broccoli, Sunflower Seeds, Edamame Beans & roasted Sweet Potato With house dressing & Black Sesame Seeds	£9.95
Add on	
Grilled Chicken Breast (gf)	£6.50
Pan Seared Salmon Fillet (gf)	£7.50
Field Mushroom (gf)	£3.50
Tomato & Mozzarella (gf)	£3.95

v Suitable for vegetarians

ve Suitable for vegans

gf Suitable for gluten free diets

see our seniors
Lunch
menu

Choice of
2 courses
for £11.95

available Mon - Fri
11.30am - 3pm
in the Restaurant

Main Courses

CHILLI CON CARNE Served with Jalapenos, Rice, Nachos & Sour Cream (gf)	£13.95
WHOLE CHICKEN WINGS Served with Salad, Chips & BBQ, Buffalo Sauce or Nando's Peri Peri Sauce 4, 6 or 8 wings	£8.95, £9.95, £10.95
BEEF LASAGNE Served with Garlic Bread & Salad	£13.95
TANDOORI CHICKEN SKEWERS Served with Rice, Fries, Salad & Raita	£14.95
CORNISH STEAK & ALE PIE Served with Chips, Peas & Gravy	£13.95
BEEF RAGU Penne Pasta with Homemade Beef Ragù & Garlic Bread	£13.95
HALF ROAST CHICKEN Served plain or Piri Piri with Salad & Fries	£14.95
KATSU CURRY Chicken Katsu Curry with Rice & Black Sesame Seed	£13.95
VEGETABLE LASAGNE Served with Garlic Bread & Salad (v)	£13.50
MEDITERRANEAN PASTA Penne Pasta with Mediterranean Vegetables & Tomato Served with Garlic Bread (v), (ve)	£10.95
VEGETABLE DHAL Red Lentil, Sweet Potato & Spinach Dhal Served with Rice & Onion Bhaji (v)	£10.95

Sides £3.95

Chips
French Fries
Mashed Potatoes
Onion Rings
Side Salad
Garlic Bread

Premium

Sides £4.95

Sweet Potato Fries
Cajun Fries
Cheesy Chips
Cheesy Garlic Bread
Garlic Mushrooms



Add a sauce to your meal - £1.95

Choose from:

BBQ, Piri Piri, Buffalo, Sweet Chilli, Tartare Sauce,
Sour Cream, Salsa or Garlic Mayo

Burgers

All Burgers are served in a Brioche Bun with Fries & two Onion Rings

BARSTON BURGER 6 oz Chargrilled Beef Burger with Monterey Jack Cheese, Lettuce, Tomato & Red Onion Chutney	£12.95
BEEF BURGER 6 oz Chargrilled Beef Burger with Lettuce & Tomato	£11.95
CHILLI BURGER 6oz Chargrilled Beef Burger with Chilli & Monterey Jack Cheese	£15.95
BUTTERMILK CHICKEN BURGER Chicken Burger with Monterey Jack Cheese, Lettuce, Tomato & Garlic Mayo	£14.95
TEX MEX BURGER 6 oz Chargrilled Beef Burger with spicy Mexican Cheese, Lettuce, Tomato, Salsa & Guacamole	£14.95
GARDEN BURGER Vegetable Burger served with Salad, with (v) or without (vg) Monterrey Jack Cheese	£12.95

Steaks & Grills

All Steaks and Meats on this menu are British and all Eggs are free range.
All Steaks are served with Chips unless New Potatoes and Vegetables are
requested. Please order starters or be prepared for additional cooking time
if ordering Steaks cooked more than medium.

10oz SIRLOIN STEAK Served with Tomato, Mushroom, Watercress & Chips	£19.95
6oz FLAT IRON STEAK Served with Tomato, Mushroom, Watercress & Chips A well marbled lesser known cut - we recommend this be cooked rare - medium rare	£14.95
CHARGRILLED CHICKEN FILLET Served with Tomato, Mushroom & Chips	£13.95
10oz GAMMON STEAK Served with two fried Eggs, Chips & Peas	£13.95

Make it extra special
add a sauce for £3.50

Please choose from:

Creamy Pink Pepper Sauce
Bernaise
Blue Cheese
Buffalo Hot Sauce





Children's Menu

Starters All £3.95

TOMATO SOUP WITH TOAST
MELON
GARLIC BREAD

Mains All £8.95

SAUSAGES
Served with Chips and Baked Beans

PASTA
Penne Pasta with Either Vegetable or Beef Ragù

MINI FISH, CHIPS & PEAS

FISH FINGERS, CHIPS & PEAS

CHICKEN GOUJONS
Served with Chips & Baked Beans

Desserts All £4.95

CHOCOLATE BROWNIE WITH CHOCOLATE SAUCE
VANILLA ICE CREAM
FRUIT SALAD

Fancy something sweet? See our dessert menu for a delicious selection of classics.

Our aim is to serve fresh home cooked food, with fast & friendly service. If you have any questions about the dishes on this menu your waiter will be happy to help you. Likewise if you have any special requests, our chef will be happy to accommodate, whenever possible.

Our Chefs prepare the dishes on this menu using British meats from trusted local butchers, our eggs are free Range. We only serve vegetables cooked from fresh rather than frozen.

Allergens, please ask a member of staff if you would like to refer to our allergen information which lists all menu items and the allergens that they include.